

# GOD PATH for everyone

IN THE NAME OF GOD

this Word was written down through Dr. Paraskevas

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## FOREWORD : MESSIAH

“ Then I saw heaven opened. And behold, a white horse. He Who sat on it was called Faithful and True. And His name is Word of God.

Now out of His mouth goes a sharp sword.

And the beast and the false prophets were all terminated through it.”

Revelation, 19

This is how Christians foresaw the coming of a Messiah of God. Most other religions, also, vision the coming of a Messiah on a white horse ( Mahdi, Kalki Avatar, etc ). Well, but what exactly these visions mean in the mundane life we live ?

The symbol of a “human on a horse” was always used to represent the “mind over matter” , “intelligence over instincts” , “spirituality over senses” relations in us.

And the “beast” symbolizes the reversed relations. In fact, it symbolizes the ignorance in us. And especially, our ignorance about God.

So, “horseman destroying beast” symbolizes Knowledge overpowering ignorance in us. And this is done through a really great battle within our consciousness. ( Named “The Armageddon Battle” , the “Battle of Kurukshetra” in Vedic tradition, “Jihad” in Islam, etc.)

Indeed, a real great tribulation and revolution have to take place in us, in order to destroy ignorance with the “sharp sword” of the Knowledge of God. A real great effort will be made in our individual attitude of mind, a real drastic change of values in our morals, before we conquer the mighty instincts of ignorance.

And only then a Messiah comes in us. In our individual consciousness the “Messiah” of God Realization evolves :

The pragmatic Knowledge about the real God and self. And the practical Path from self to God. A simple method that everyone could use, adding it to one’s own religion.

# Book I

## GOD CONSCIOUSNESS

### Part I : ONENESS OF GOD

#### WHO IS GOD ?

Then Moses asked God, “When I come to the children and say to them, ‘God has sent me to you.’ And they say to me, ‘What is His name?’ What shall I tell them?”

And God answered, “ I AM WHO I AM. Thus you shall say to the children – I AM has sent me to you.”

Exodus, 3

This is how God presented Himself before a prophet.

But what actually He meant by that ? What is this I that He refers to? What is His I ?

#### WHAT IS I ?

Well, we do not understand what this I of God is. But we can know what our own I is.

Usually, we conceive our I as our body and mind. Or let us call them “organism”.

We know that the organism and all that is out of it ( the environment) are one indivisible whole. They are made up of the same particles and they are manifestations of the same laws of nature – biological, chemical, physical, astrophysical, etc. According to these laws, organism and environment interact and interrelate with each other, thus forming one inseverable whole.

And this is how, in fact, my organism goes beyond its boundaries ; and becomes the Whole? I become the Whole? I am the Whole? I am the “all that exists”, “all that is” ?

Well, but if we name this Whole “God”, then my I becomes God? My I is God ? My I and God’s I become one I ?  $I = I$  - the fundamental formula and definition of God ? God - our One and Only real I ?

And thus, we could know why God names Himself “I AM” ? We could know what “I AM” means through knowing our real I ? We could know God through knowing our own true I?

#### FREE TO KNOW

If we could accept now that God is our real I, we could realize, too, that in our nature we are actually free from any boundaries between me and Me (God), between I and I . We are free from all obstacles and limits between me and Me.

Therefore, there are no obstacles and limits to know our real I, too. We are absolutely free to know the real I – God.

Alas, it is rather hard to believe that, in this world, we are free from limits. Limits seem all-pervasive here.

But we all know what relativity is. And we know that it is all a question of a viewpoint. And my viewpoint is my I. Always. Therefore, it is all a question of what I believe my real I is. Or in other words, it all depends on my concept of the I. And this means that the limits of I are but concepts. According to our concept of the real I we give the I its size, its shape, its lasting. And thus, we create our limits. And we believe them to be absolute reality.

And indeed, if I believe my I is the physiological body only, I shall always be limited within this body. And I shall never agree to go beyond its walls.

And if I conceive my I as being my soul only, I shall always be limited to this soul. And I shall never dare go beyond its self-imposed boundaries.

But if I know my real I is the Whole, the “all that is”, then what limits shall I see and where? What walls will stop me from knowing my Whole I, my True I – God?

## PASS OVER

Maybe for a first time he did something spontaneously. He just wished it and went after it.

He met the child in the grey streets of the city. The child was dressed in a white dress. And the dress was shining. The child’s eyes were shining, too. And they were looking into HIS eyes.

The man stopped there before the little one. He was about to ask all the required questions under such circumstances. But the child just smiled, still calling him with its eyes. And the child turned and walked away.

“Where are you going...” the man heard himself whisper.

Then the man followed the child. He just did it.

In a while, they walked out of the city, entered the woods beyond it, started climbing the mountain that the woods covered. Man and child went on and on amidst the soft silent silhouettes of the trees, along the moss-dressed rocks. Until the little guide took him out of the wood and into the open.

Deeply breathing in the pure air here the man looked around.

In front of him he saw a magnificent garden, in the middle of which a calm crystal lake was situated, surrounded by clouds of colorful flowers.

But alas, between him and this garden there was a precipice. Over it an old wooden bridge lay only, hanging on old ropes, groaning helplessly under each touch of wind. From the dept of the precipice a roar of a river came. And the man stopped. And he stepped back.

The child stopped, too, and turned. Again the loving smile came out of its eyes. Again the man felt this love to enter him and care for him. And the child said, “Do not be afraid! It’s all in the mind.”

And the child walked on the bridge and went to the other side and waited there, still smiling kindly.

The man sighed. Then he stepped on the bridge, too. The bridge shivered under his weight. And so did the man. The man made a step more. The bridge moaned and rocked. So did the man. The man made a step more, and more. The bridge quaked wildly, its ropes strained painfully their tendons. And so did the man in terror... "But it's all in the mind," the man repeated to himself, "It's all in MY mind!" And the man made a real effort of his will. He commanded his fear out and his faith in. And he opened his consciousness to the image of a broad stone-paved road he was walking on with a slow ease...

Next, the man found himself at the side of the crystal lake, surrounded by flowers, seated by the beautiful child, holding its hand... But the man turned back and listened. Away there, it seemed to him, a distant roar of a river was heard. Or was it all an illusion?

### THE IMAGINARY I

Up to now we offered the realistic concept of the real I.

But we need a realistic attitude toward our imaginary "I", too. The "I" that I imagine is my body, my physiological organism, my mind, consciousness, soul, etc.

What is this "I" ?

Well, it is all a question of a concept again. Our concept of our real I.

Because, if I believe my I is my physiological body and mind only, I shall imagine them to be the sole reality that matters to me. They will be my whole reality. And hence, such things as soul and God will not exist for me at all. They will be imaginary to me.

And if I conceive my I as being my soul only, I shall believe my soul is all that is real. And therefore, such things as body and mind might be rejected as evil illusions.

But if I know my I is the "all that is" (God), then I shall see this limited within the body and mind "I" just as being an "instrument" of my real I. An "instrument" for the materialization of God's I. A very real instrument for a very real materialization.

How does this instrument work ?

### THE PROGRAM OF I

It is well known that the structure and functioning of our physiological organism is programmed by the medium of a genetic plan. The genetic complex – the chromosome molecules in the nuclei of all biocells - contains the program of all our life and development, all our abilities and patterns of behavior.

At the moment of conception, the genetic program starts to work and begins building up an embryo, evolving into a foetus, into a new-born baby, etc. Through physiological processes the genetic program starts to materialize itself.

But alas, this materialization is usually incomplete. The complete materialization of genetic program is limited by the conditions of its environment. Only these parts of the program that are allowed by conditions to materialize do so. All other parts remain latent.

Realization of program is only within the limits of conditions. Realization of program is limited.

And this is how my organism becomes limited. And so, my abilities become limited, my consciousness becomes limited, my I becomes limited.

Consequently, my concept of I becomes limited, my attitude toward real I (God) becomes limited, relationships with real I become limited. And this is how my limited “I” is created and lives. My imaginary “I”.

In terms of physiology, this means that in our brain only limited neuron areas are active. All other areas are latent, dormant. And the active areas – for obvious reasons – are only those which preserve and defend the “I”. The I who we believe we are – the limited imaginary “I”. And this is why these neuron areas are often referred to as “self-preservation center” of brain, or “personality nucleus” of mind.

This neuron center or nucleus holds together our personality, our personal “I”. And in defending this “I”, its inter-neuron links – axons and dendrites – hypertrophy. And all other axons and dendrites – because of their inactivity – atrophy. Thus, the self-preservation center comes to dominate the whole organism, the whole of its relations, the whole of our life. The I-center becomes the ruler of me.

And, for the sake of self-preservation, this I-center begins building up such walls in our consciousness, starts creating such self-preservation noises in our mind, that they act virtually like jamming-stations on all information which might come in and tell us that we are not this imaginary “I” but we are the “all that is” - God. And this is how these self-preserving walls and noises make God ( the real I) non-existent. We become deaf and blind to real truth, to the real knowledge of the real I ...

But could our program go another way?

## THE PROCESS OF I

Let us picture , now, that God creates through one Commandment only : “Be I !”.

Commanding “Be I !” the real I (God) must obey and fulfill His own Commandment. There exists no one else to carry It out. God is all that is.

So, the I (God) instantly produces out of Himself countless “I-particles”. ( Why? See page 11, top.) Each of these particles, then, starts to obey and fulfill the Commandment “Be I !”. And thus, each particle instantly becomes an “I” in itself. And so, it limits itself within its God-planned form and duration, within the body and mind of its particular “I”. This is how our own “I” is created, too. And this is how it becomes programmed.

But to really fulfill the Commandment “Be I !” each “I” must become one I with the whole I – God. Therefore, each “I” must destroy all the limits between itself and the real I. And then, unlimited, to become One with the real I. To become really I. To be I.

Obviously, this process, also, has to be programmed in us.

And indeed, for the sake of survival, our self-preservation center is programmed to constantly acquire more and more knowledge. Better knowledge is better survival. The better we realize reality the better we adapt to it. Therefore, the self-preservation instinct of limited “I” will inevitably seek to know more and more and more about itself, about

environment, about all that is ; in order to make its own existence more and more secure and pleasant.

In terms of physiology, this means that, in the brain, more and more areas become active and are dormant no more. More and more parts of genetic program are materialized. More and more, the brain becomes capable of receiving, transmitting and processing information.

And this, unavoidably, leads to more and more knowledge, including the knowledge about the real I (God) ; to a more and more realistic concept of real I. The mind begins to perceive clearer and clearer the real “size” of real I. And, one by one, the limitations on understanding fall apart.

The atrophied links between the once latent brain centers become active and help in the storage of more and more knowledge about God. And the once hypertrophied links between neurons relatively lessen their activity and gradually become less and less domineering. This is how the self-preservation brain-center starts to loosen its grip. And the walls of imaginary “I” , one by one, begin to fade.

And as a consequence, more and more abilities to perceive and realize God wake up in us and start to evolve and evolve. And this is how the domination of limited “I” gradually disappears. And so, I am liberated to come closer and closer to my real I.

Until we become One and Only Indivisible I – God.

Thus, the Commandment of God “Be I !” is fulfilled. And this way the highest level of our genetically-programmed evolution is attained to – Oneness with God.

And this is how God’s “instrument” – our limited imaginary “I” - has completely worked out its program ; and is gone.

## ONENESS OF I

Well, but what practically this “becoming One with God” means?

Becoming one with an object means to completely acquire its very own features, characteristics, qualities, etc. Hence, to become one with God I must completely acquire His own qualities. My qualities must become the qualities of my real I. I must become really I.

So, what are these qualities?

If we assume that God is Oneness, this means that there is no division within God ; there are no boundaries, no limits within God. And there are no limits outside God, too. Because, God is all that is and out of Him there exists nothing to limit Him.

Therefore, God is absolutely limitless. And so, this is His first fundamental quality – LIMITLESSNESS.

And if God is Limitless in Oneness, this means that He is one absolute Whole, too. And consequently, this gives us God’s second fundamental quality – absolute WHOLENESS.

Well, for now, let us accept that God’s third fundamental quality is absolute BLISS ( Why? See page 10.) and that these are all the fundamental qualities of God :

1. Limitlessness
2. Wholeness
3. Bliss.



And those are the qualities we have to evolve and acquire in order to become One with God. To become one I with our real I.

How do we acquire these Oneness qualities?

## BECOMING ONE I

In fact, we do not need to acquire these qualities. Because we already have them. By commanding : “Be I !” God has programmed each of us with His very own features, characteristics, qualities. The I programs the I to be the I. Because this is the only way we can materialize His Commandment : “Be I !”. And this way He can fulfill His own Commandment , His own I.

So, it is inevitable to us to have God’s qualities. But in the most of us they are still latent, dormant. And to “acquire” them we need, in fact, to just wake them up.

How?

We know that within our brain there is a complex neuron structure which scientists call “the Pleasure Center”. This center is quite active when we experience pleasure, bliss, love.

How does this center work?

The following experiment with a test-animal tells us :

Into the pleasure-center of the test-animal an electrode is implanted. Through this electrode the pleasure-center is activated by a specific electric current. And the animal experiences real pleasure. The electric current is switched on by a button which the animal is trained to press. Thus, the animal could activate its own pleasure-center whenever it likes.

And it likes it pretty much. The animal soon starts to activate its pleasure-center time and time again, more and more frequently, unceasingly. The poor creature becomes so possessed by the button of pleasure that it may stop eating, stop drinking, stop self-preserving, and in the end may even die of exhaustion.

In fact, the animal is completely dependent on the pleasure-button. The more it experiences pleasure the more it desires more pleasure ; and more pleasure and more desire and more pleasure and more desire... And so, this vicious circle becomes the sole driving force of all the animal’s behavior, of all the animal’s life, of all the animal’s would be evolution.

The never-stopping wheel of pleasure-desire-pleasure-desire-pleasure-desire makes the animal completely enamoured of one and only beloved - the pleasure-button. And the lover-animal is so devoted to this beloved that, eventually, it becomes one I with it.

Well, but could this driving-power of the pleasure-center be redirected toward a somewhat different development : To make my I become one I with God? By waking up my Oneness-with-God qualities ?

And what if the beloved this time is not the pleasure-button, but God Himself ?

## Part II : BLISS OF GOD

### NATURE OF BLISS

We know now that, more or less, pleasure is what we live for. The pleasure-center in our brain is the most powerful possessor and driver of our being. The scientific experiment with a test-animal, described in Part I, proves this beyond doubt.

On the other hand, the experiencing of the highest possible pleasure we name “bliss”. Therefore, the bliss might be named “the most powerful ruler of our existence”, too.

But what exactly is bliss?

This we could know through our own experience of bliss.

Science says that after the activation of pleasure-center ( or shall we call it “the bliss-center”) clear cut changes take place in our organism. A normalization (calming down) of cardio-vascular, respiratory, muscular activity sets in. Brain-neurons’ excitability is reduced, too, and thus the feeling of strain and stress in our consciousness decreases. We feel calm and comfortable. Anxiety is gone, as if all irritants are gone, all fear is gone, all limits, all narrow me is gone... And I feel wholly satisfied.

This is where I experience bliss.

Indeed, if we carefully analyze this state of bliss in us, we can see that at this very moment we experience a feeling of freedom, limitlessness, of coming out of narrow me. And in the same time – a feeling of satisfaction, completeness, wholeness, even oneness with the source of bliss.

Therefore, we can describe bliss as : A simultaneous experiencing of limitlessness and wholeness.

Or we may formulate it even simpler :

**BLISS = LIMITLESSNESS + WHOLENESS.**

Now, if we look at GOD through this formula, we see that it describes how His three fundamental qualities become One – in Bliss. And thus, it pictures, too, how the Oneness of God is materialized – through Bliss.

Hence, Bliss could be defined as :

1. The Essence,
2. The Cause,
3. The Mechanism of God’s Oneness.

And so, by Bliss, too, God materializes the Oneness of His own I, His Whole I. Therefore, Bliss is the fundamental essence, cause and mechanism of I, also. And hence, Bliss is the only way God could realize His own Commandment : “Be I !”.

Thus, the I becomes the form and instrument through which God realizes Bliss.

### REALIZATION OF BLISS

Indeed, God can exist only if He realizes His own nature, His own I – Bliss. But Bliss, as we know, is an experience which cannot be realized in absolute loneliness,

nothingness, in the void. God cannot be Blissful on His own, in the emptiness. God has to have, at least, something or someone to make Him Blissful.

Therefore, God has to create some “partners in Bliss” for Himself. Which partners will make God Blissful in every possible way, forever. ( This is why, by Commanding “Be I !” God produces out of Himself countless “I-particles”, “I-instruments” of Bliss.)

It is clear, too, that God can produce these Bliss-partners only out of Himself. There exists nothing out of God. God is the only Womb and Source of all Creation.

But ! If God is formless, void, an emptiness only, then He will be able to produce and multiply only this formlessness, emptiness, nothingness. And so, in the emptiness He will be unable to be Blissful. And if God is not Blissful He cannot exist.

Hence, God must have a real personal FORM in order to be Blissful and exist. To Him Form is just obligatory. Because, out of this very Form He will produce and multiply His “partners”. And only to this Form these partners will be able to give Bliss. No one can give Bliss to a formless nothingness.

“But if God has a Form, this means that he is limited – in the Form – and not limitless,” we shall instantly disagree, “And if He is multiplied He is divided and not a Whole. Isn’t that a contradiction to His fundamental qualities ?”

### EFFECT OF FORM

If God has a Form and He produces and multiplies other forms out of It, then the more multitudinous and multiform His Bliss-partners are the bigger His Bliss will be. And more and more and more. So, in fact, the number of these partners will be limitless. And their shapes and sizes and appearance will be limitless in their variety. Because, this is the only way God Himself could be Limitless.

And in the same time, God will never stop being an absolute Wholeness, too. Because all these partners are but His particles. They exist only within God ; and their whole existence is meant only to make Him Blissful. Thus, they build Him up as one complete Whole – Bliss.

And this means that only if God has a Form and He produces and multiplies His Bliss-partners out of It, He can be a real Wholeness ; as well as a real Limitlessness. And this is how only, He could be a real Blissfulness, as well :

Bliss = Limitlessness + Wholeness.

Therefore, only this way He can materialize His own nature, His own I – Bliss. And thus, He can exist.

So, having a Form and multiplying out of It does not make God limited and divided. On the contrary, His Form is what makes Him precisely what He is – absolute Oneness.

“All right,” we shall do our best to admit this statement, “then can we know what this Form really is?”

### FORM OF BLISS

God is Wholeness, we said. Hence, all of His creations are but Himself only. Each and all forms and phenomena that exist are God only, simultaneously, forever and everywhere.

But we saw, too, that God has His own personal Form, out of which all His creations are produced. This Form is the Womb and Source of all that is.

What does this Form look like?

All of us know the words “God created man in His own image.”

But not all of us can accept this. It is hard to agree that God, simply, has a “human” form and not some extraordinary form or even an absolute formlessness. To the most of us a “human-form” God seems like a virtual blasphemy.

But this is only because most of us forget something very simple : If God has programmed us with His own qualities, then He has to have programmed us with His own form, too. The I programs the I to be really I.

And indeed, God has given us His own form in order to help us go up the evolution, acquire His own qualities and become One with Him. And we named this form of ours : “Our practical instrument for the fulfillment of God’s Commandment”. So, this is why we have this body and this consciousness now – it is a chance to come closer to God. The “human” form is the closest to the “human” form of God – the best for a direct communication and communion with God. We cannot evolve our abilities to acquire God’s qualities and Oneness in the body and consciousness of an animal, a plant or a stone.

Then, might we at least admit that the Form of God is the “human” form – one head, one body, one mind, two arms, two legs, no tail, etc.? And out of Form’s Consciousness the whole Creation is produced - just as we produce thoughts and fantasies.

“Well,” we shall put a question in again, “ but how exactly God does that?”

## BUILDING UP BLISS

We saw that God creates countless Bliss-partners in order to realize His own nature by them – Bliss.

For this Creation, of course, God uses His fundamental qualities.

And it is obvious that the quality of God which is most useful in this countless creation is Limitlessness. Because, only out of Limitlessness God can produce limitless numbers and forms of Bliss-partners ; which will limitlessly make Him Blissful.

On the other hand, we said that God and His Bliss-partners must have form in order to realize Bliss. Therefore, God uses FORM ( or “Formness”) to materialize Creation of Bliss, as well.

So, let us now admit that God uses, basically, these two “building materials” in His Creation – Limitlessness and “Formness” ; and that He creates by combining these two “building materials” in all their possible variants.

We could say that, roughly, these variants are : Limitlessness, limitation, Formness, formlessness. ( They are the basic positive and negative variants of Limitlessness and Formness.)

Thus, out of the two “building materials” now we have four - Limitlessness, limitation, Formness, formlessness ; which combined will produce four different “faces” of Creation :

1. Limitlessness + Formness
2. Limitlessness + formlessness
3. limitation + Formness
4. limitation + formlessness.

For the sake of convenience, we would regard these four “faces” as separated, different parts of Creation. And we shall name them : “The four different universes of Creation”. Although, from God’s viewpoint they are but One Limitless Whole – Bliss.

( By the way, God uses His other two qualities – Wholeness and Bliss – for the Creation, as good. But their variants, too, could be symbolized by these four combinations quite well. For example, where there is limitation or formlessness there will be also “whole-lessness” and “bliss-lessness” only.)

So, let us see now what these “universes” are.

### FACES OF BLISS

1. The first universe is built up of Limitlessness + Formness. This means that each and every particle of this universe is programmed by God to have Limitlessness and a personal form. Which make every particle to have almost the same characteristics as God Himself.

And as a consequence, each and all that is here is in a direct touch with God. It is in the direct surroundings of God. It is the “environment” of God.

And this is why that universe is usually named “ Kingdom of God in Heaven”, “Paradise”, “Spiritual universe”, etc. The name “Bliss universe”, though, will be more convenient to us now.

2. The second universe is built up of Limitlessness + formlessness. This means that each and every particle of this universe is programmed by God to have Limitlessness but not to have a personal form. Therefore, here, each particle and the whole universe have not exactly the same characteristics as God.

And as a consequence, each and all that are here are not in a direct touch with God. They have no personal form to do so. All that is here is a homogeneous space which has no forms in it. There are no particles, no parcels, no parts here. Everything is one whole formless entity ( which, by the way, is the form of formlessness itself).

And this is why that universe is usually described as “the Impersonal form of God”, “Ocean of limitless Light”, “Supreme Peace”, etc. The name “Limitless universe”, though, will be more useful to us.

3. The third universe is built up of limitation + Formness. This means that each and every particle of this universe is programmed by God to have a personal form but not to have Limitlessness. Therefore, here, each particle and the whole universe are very much limited. They look like being cut away from God. Their personal forms are limited within limited conditions, limited capabilities, limited duration, limited relations, concepts, knowledge, etc.

And as a consequence, every personal form, here, is separated from all other forms and usually fights them for the limited cause of self-preservation.

This is why that universe is called “the world of pain and sin”, “world of illusion”, “material world”, our world. The name “limited universe”, though, will be more suitable to us.

4. The fourth variant of Creation must have been built up of limitation+formlessness. But this is clearly unrealizable, because something which has no form cannot be limited within anything. And so, this variant cannot exist. In fact, this is the state of God which is usually named “the state of nothingness”, “the state of non-existence”, “the Void”, etc. In this state or “universe”, too, God plays a blissful game by hiding away from Bliss into the void. But indeed, this state does not exist. Because it is a nothing.

Therefore, there are only three perceivable variants of Creation. And, as we said, they all are always one absolutely indivisible Whole – God.

From the viewpoint of our limited “I”, though, they are “different”. This is why the “I” is entangled in the illusion that it has to pass through each of these “universes” consequently. In order to come to God and become One with Him.

And “I” act accordingly.

## BACK TO BLISS

The limited “I”, we said, strictly obeys the Commandment of God : “Be I !”. And in doing so it starts its journey back to Oneness with the real I – God.

As we saw, within the starting point of this journey – the limited universe – our “I” is limited, Bliss is limited, pain is abounding. But in fact, it is this lack of Bliss and the pain that stimulate limited “I” to start searching for a way out of limitation, out of the limited universe.

And thus, our evolution back to the real I gets started.

We know now that the first thing limited “I” must do in this evolution is to overcome limits. So, gradually surmounting the limits of its own consciousness, the limited “I” becomes, eventually, Limitless. And thus – acquires the divine quality of Limitlessness. And this way, the I enters the Limitless universe. Here, the I is melted into the limitless formless space of this universe and loses its own personal form. And the I hopes it has obtained perfect Bliss at last.

But alas, the I soon realizes that – in here – it is not a Whole with its real I. Because, here, the I has no personal form through which to exchange Bliss with the personal Form of God. And thus, I cannot be one complete Whole with God – Bliss. Here, the I lacks Wholeness ; lacks the quality of Wholeness. And hence, here, the I cannot be really Blissful. And thus – in the Limitless universe – I could never be really One with God.

So, evolution goes on again and sooner or later, by the Grace of God, the I gets back its personal form. And thus, now, it can exchange Bliss with the personal Form of God. And so, it can become one Whole with God – Bliss. This is how the I acquires the divine quality of Wholeness; as well as Blissfulness.(Limitlessness + Wholeness = Bliss)

And this way, I could move out of the Limitless universe and I enter the Bliss universe. Where , at last, I become really One with the real I – in Bliss. Every other way, as we saw, is unrealizable.

And indeed, it is mindless – after all we knew about the real I – to believe that Oneness with God means merging into His personal or impersonal form and losing our personality. On the contrary, Oneness with God means giving Bliss to God through this very personal form of each of us. Because in personally giving Bliss and receiving Bliss, we become One Inseverable Whole with God – Bliss. We become one limitless Oneness – the endless experience, the unceasing state of Bliss. The eternal ever-new living through the limitless Happiness of my communion with Me – God. ( Although we remain in our personal forms, our Consciousness becomes One - Bliss.)

## A TOUCH

Once upon a time there lived a man. A simple man. A man like any man.

One night, like every night, the man lay down in his bed and blew out his candle. He closed his eyes and started to revolve in his mind again the day that was gone and the day that was to come. And like every night, soon tiredness overpowered thoughts. The gates of sleep began to slowly open before the eyes of his consciousness...

But then, all of a sudden, from behind these gates a powerful voice came. And the voice said, “Your time has come. Enter!” The gates stood wide open and a mighty light came forth and consumed everything around, everything that existed.

And the man said to himself, “So this is how sudden death was!”

The soul of the man soared up into the Light ; abandoning his body down there in the cold bed, by the dead candle. And the soul sailed across the Light.

And the soul sailed for a long time. But the Light was all void. So, soon the lonely soul thought, “How I wish I had someone to just touch!”

At once, from within the Light, as if out of an effulgent mist, shapes began appearing. The shapes of tall trees surrounding a vast meadow. At the far end of the meadow there was a great palace. Now the shapes became real and bright ; and radiating light. And the soul saw the meadow to become colored by countless shining flowers, and the trees – by myriads of sparkling blossoms, and the skies – by motley flocks of birds and clouds. And here the soul became aware of other souls – countless, too, and noisy and spirited. Their faces were all turned to the palace. In front of which there stood a throne. On it, the soul beheld the Seated on the throne.

Then the soul heard some of the creatures here to chant His holy name. And it heard others to glorify the holy Bliss of Him. The soul saw some of them dance before Him, enchanted by joy ; and saw others fall before Him struck down by adoration . Some rose up into the skies, floating on their wings of happiness. Others just sat, and cried.

And the soul, too, realized its Love for Him ; and cried. And the soul cried for a long time. Until its eyes became pure and bright. Now the soul looked through these eyes at the Seated on the throne. And He looked back smiling with delight.

The Seated stood up and came close and knelt before the newly arrived soul ; and bowed and touched soul’s feet with forehead ; and washed these feet and wiped them dry with the neat dress of his own ; and touched soul’s hands and kissed them.

And the soul only whispered, “I found you!”

## REVIEW

After we knew the Oneness of God, we saw that it is realizable through Bliss only. So, we desired to learn what exactly this Bliss of God is.

And we knew :

1. The Nature of Bliss : Bliss = Limitlessness + Wholeness.
2. The Source of Bliss : God's personal Form = Body + Mind.
3. How Source creates Bliss : By "fantasizing" countless Bliss-partners and Bliss relations with them.

But knowing real Bliss is not enough. We need to learn what imaginary "bliss" is, too. The "bliss" which my limited "I" imagines is the real Bliss.

## BLOCKED IN "BLISS"

As we well know, now, through the limited universe God programs our "I" to be limited – limited abilities, limited knowledge, limited thinking.

And because the consciousness of "I" is limited, its concept of real Bliss becomes limited, too. The pleasures of my body and mind only are the real Bliss, the "I" believes. And it starts to revolve and revolve this fabrication in its mind. Until that "bliss" comes to dominate the whole of limited I's existence. And we become completely imprisoned in it. (An imprisonment which could be symbolized by a rather simple formula :  $\uparrow$ limitation =  $\downarrow$ Bliss =  $\uparrow$  "bliss". ) So we could stay in it forever

"But all this imprisonment ends when my body and mind die," we shall disagree, "What limits and 'bliss' could imprison me then?"

We said, God commands "Be I !" and thus He gives the I its program. And we realize now that the I must carry out God's program unceasingly until it fulfils program completely – Oneness with real I (God).

And indeed, the I cannot just stop fulfilling the program, or fulfill it only from time to time. I must materialize program unceasingly, unfailingly, eternally. Because God Himself is eternal, unailing, unceasing. God's I is eternal and unceasing. And hence, God's Commandment "Be I !" is eternal and unceasing. God's I-program is eternal and unceasing, fulfillment of I-program is eternal and absolutely unceasing.

And this means that even the limited "I" cannot stop fulfilling God's program. Never. Limited "I", too, fulfills I-program eternally and unceasingly.

Therefore, even after the destruction of limited I's physiological organism, God has to provide for the continuation of limited I's realization of program, for the eternal and unceasing fulfillment of I-program.

Well, it is clear that – for such an eternal and unceasing fulfillment – the program needs an eternal and unceasing vehicle, which will carry the I-program through all possible transformations, obstacles, ordeals, all the way up to Oneness with God.

What could this vehicle be?



We said that for the fulfillment of God's I-program we need a "human" form. With any other form we shall be just unable to realize God's program completely. Hence, our vehicle of program could only be a "human" form.

And this vehicle is the only one which can take I-program across the death of physiological body and mind. Because, just like God's program itself this vehicle is eternal and unceasing – an undestroyable everlasting vehicle.

This human-form vehicle is what we name "soul", "atma" in Sanskrit, "overself", "real spiritual body and consciousness", etc.

But alas, through it, our limitation, "I" and "bliss" could still be unceasing and unfailing beyond death, too.

The soul stays limited in the limited beyond.

How ?

### IMMORTALITY

In order to fulfill God's I-program unceasingly beyond death, our soul has only two alternatives :

1. To enter a new physiological form (body).
2. To continue the existence of limited "I" in a post-mortem form (body).

This post-mortem body , obviously, could operate within the limited universe only. Because it still has not evolved the divine qualities that could take the "I" out of limitation.

And this means that we preserve and stay on in our present limited personality after death. No interruption is possible. In death we have just undressed our physiological body. And our soul has remained dressed only with the finer dress of our post-mortem body. ( By the way, this finer dress we tend to name "astral body", "mental body", "false soul", etc.) And this limiting-dress of our soul will exist until we acquire the divine quality to undress it - Limitlessness.

And it is all the same if our soul enters a new physiological body. It continues the realization of program only within the limited universe.

"Now wait a moment!" we shall cut in, " Does this entering in a new physiological body mean that we could reincarnate?"

Well, if there is reincarnation or not we shall answer us ourselves. Now it is quite easy to.

But indeed, it is ignorance to believe our purpose is to reincarnate and reincarnate in one limited "I" after another ; to reproduce, time and time again, our pain and fear and pain and fear... and "bliss".

And this is not the wise way to employ the process we name "death".

## DEATH

Now we know that limited “I” has, roughly, two limited forms or bodies :

1. Gross physiological body
2. Finer post-mortem body.

We realize, too, that these forms dwell into two different worlds, two different parts of the limited universe.

So, if there are two different worlds to the limited “I”, then there must be a process of transmigration from the one world to the other to the limited “I”, too. In this process, we said, the soul undresses the physiological body and remains dressed only with the finer body – the body that will go on realizing God’s I-program.

This process of transformation we usually name “death”.

And we could see that this process has, roughly, two consecutive stages :

1. Passing from gross to finer limited body
2. Arriving of the finer body in the finer world.

Well, but what exactly happens on these stages ?

The first stage – the “passing” – is quite well known to scientists. They call it “the near-death experience”.

After coming out of clinical death ( the first minutes of death, within which vital functions could still be revived) some patients report their experiences of death. And these experiences always follow approximately the same pattern. No matter what patient’s faith, religion, intelligence, culture, nationality and so on are.

First, the patient’s personality enters a dark silent space. Then, before him a tunnel opens. At the end of the tunnel there is light. Patient feels attracted to the light. And he goes toward it. When he reaches this light, he finds out he has arrived in another world. And those who await him there tell him whether to stay or go back.

This is what stage one of death is.

But let us see now WHY stage one is what it is.

It is clear that this experience could be perceived only by our senses and consciousness. And it is clear, too, that our finer limited body, also, has senses and consciousness, just like our physiological body. Obviously, if we do not have finer “human” senses and consciousness, our finer form cannot be “human”, as well. And thus, we shall be unable to realize our human-form program – the I-program of God.

Therefore, in physiological death only physiological senses and consciousness die. But finer ones remain intact. And they instantly take over the realization of program.

So, when limited gross senses die, in a sense, the whole limited world dies to us. No more we have the senses to perceive it. Thus, we enter the mentioned space of silence and darkness. Our gross senses are dead, but without delay our finer senses wake up. And this process of waking up we experience as a transmigration, as a movement from the dead-senses’ darkness to the just-switched-on-finer-senses’ light at the end of something like a tunnel, canal, corridor, chimney, etc. A gradual waking-up of finer senses experienced as a tunnel-passing. And when our senses are completely woken up, we experience this as a coming out of the tunnel and entering the light of a new finer world. And this world is an absolute reality to us now. Because now we have the senses and consciousness to completely perceive it.

And here, other limited selves wait for us. Limited creatures realizing the same God's I-program that we do ; into the limited environment of a limited world. A limited world realizing the same God's program that we do.

And this is where we arrive at stage two of death.

Before we see what happens on stage two, though, let us have a clearer look back.

### BLISS-ABILITY

When God gives Bliss to the whole of His Creation He, in fact, gives Bliss to Himself only. Because, God and His Creation are One and the Same – One and Only I. Therefore this giving of Bliss is a receiving of Bliss, as well. God gives to God and God receives it. The act of giving is the act of receiving. They are one and the same – Bliss.

And it is all the same when each of God's creatures gives Bliss. When I give Bliss to somebody, to "all that is", to God, I give Bliss to Myself only. Because we all are One and the Same – I. Therefore, the giving of Bliss, too, is a receiving of Bliss to me. I give to I and I receive it. When I give Bliss I, in fact, receive it.

And it is clear, also, that the amount of Bliss I give to my real I is the amount of Bliss I shall receive back. The Bliss (or "bliss") I receive is as much as I have given to Myself. If I am able to give more Bliss I shall receive more Bliss. If I give less, that is what I receive.

Therefore, it all depends on my ability to exchange Bliss with Myself. My Bliss-ability. The bigger my Bliss-ability is the closer to Bliss I am. And so – the further away from "bliss" I am ; and the freer from limitation. In life as well as in death.

Why ?

### JUSTICE

We know now a simple formula :  $\uparrow$ limitation =  $\downarrow$ Bliss.

From this formula we could draw the following conclusion : Every our act and thought that increases our limitation causes a decrease in our Bliss. And every our act and thought which decreases our limitation increases our Bliss.

And indeed, if we increase our limitation we shall surely have limited abilities to give Bliss. And hence, we shall have limited abilities to receive Bliss, too. My Bliss-ability will be limited. And this, as we saw, is how "bliss" is born :

$\uparrow$ limitation =  $\downarrow$ Bliss =  $\uparrow$  "bliss" .

So, these our acts and thoughts which increase our limitation will, obviously, lead us away from real Bliss, away from God. And those are the acts and thoughts we name "evil", "temptation", "sin", "demonism", etc. ( $\uparrow$ limitation =  $\downarrow$ Bliss =  $\uparrow$ evil)

But if our acts and thoughts decrease our limitation, then we shall be less and less limited in our giving of Bliss. And thus, we shall have higher and higher abilities to receive Bliss. Our Bliss-ability will be less and less limited. And so, we shall be coming closer and closer to real Bliss. ( $\downarrow$ limitation =  $\uparrow$ Bliss =  $\downarrow$  "bliss" )

Hence, these our acts and thoughts which decrease our limitation will take us closer to real Bliss, closer to God. And those are the acts and thoughts we name “good”, “goodness”, “righteousness”, “sanctity”, etc. ( $\downarrow$ limitation =  $\uparrow$ Bliss =  $\uparrow$ good)

Thus, we could see now that these two “values” of our acts and thoughts - “good” and “evil” – determine the value, the level of our Bliss-ability.

And this level, in turn, will determine whether we are closer to or further away from real Bliss.

How ?

Because the Bliss I give to real I is the Bliss I receive, we said, I shall receive as much Bliss as I have offered to others, to the “all that is”, to God. And this will be all the Bliss that I am able to receive, for it is all the Bliss that I am able to give. No more, no less. Just as much.

And this Bliss-feedback will be all that befalls me, all that comes back to me. What happens to me, what my life gives back to me every day, every moment of my existence, will be only the giving back, the repayment, the return of what I have given to my real I. Evil I have given and evil I am returned. Measure for measure. Goodness I have given and goodness I am returned. Pleasure for pleasure.

And there is no other way, because this is just what I am capable of. This is just the Bliss I am capable of. And it is just, isn't it? It is just what my Bliss-ability deserves.

These “just-relations” with my real I are what we name “fate”, “karma”, “providence”, “Supreme Justice”, “Last Judgment”, etc.

And this just-fate is the mechanism by which our good and evil acts and thoughts determine the state of our Bliss (or “bliss”). And this is how fate determines the state of our future - future existence, future environment, future experiences. Only according to the fate we have deserved we shall be treated. In life as well as in death.

And accordingly the second stage of death will be to us. (See page 18.)

## SECOND STAGE OF DEATH

So, if there are, roughly, two kinds of acts, thoughts, lives, fates – evil and good - then there are, roughly, two kinds of second stages of death, as well : evil stages and good stages.

What are these stages ?

If my acts and thoughts in life were mostly evil, my I will have to repay me this evil. And so, mostly evil I shall receive from life as well as from death. My fate will be mostly evil. ( $\uparrow$ evil =  $\downarrow$ Bliss)

Thus, after my physiological body dies, my finer body and mind will have to enter a mostly evil section of finer limited world. And there, I am to receive back all the “bliss” and pain I have given to my I in life.

And yes, these are the sections of finer limited world we name “hell”, “sinner's nemesis”, “Satan's kingdom”, etc.

But if I choose to go the other way round – if my acts and thoughts in life were mostly good - then my I will have to repay me, too. And so, mostly good I shall receive from life as well as from death. My fate will be mostly good.

Thus, my finer body will enter a mostly good section of finer limited world after death. And there, I am to receive back all the Bliss I have given to my I in life.

And the more good I was in life the higher in goodness will be the section of finer limited world which I shall enter after death. And higher and higher up, until I attain to the highest goodness-section of the limited universe. ( By the way, these goodness-sections we name “astral worlds”, “seven heavens”, “false paradise”, etc.) But alas, we are still limited in the limited universe. And hence, here, we still cannot be really Blissful. Because, we still do not have the qualities to be One with the only real Blissfulness – God.

So, what can we do?

In increasing our goodness we decrease our limitation, we saw :

$\uparrow\text{good} = \uparrow\text{Bliss} = \downarrow\text{limitation}$

Therefore, by accumulating and accumulating goodness we may come to a point at which, eventually, we shall have limits no more. We become limitless. And thus, we acquire the first Oneness-quality of God - Limitlessness.

So, if we become limitless in life, after death we shall have to enter a limitless stage, as well. And this stage, as we know, is the Limitless universe. In it we lose our personal form and melt into one formless whole with a bright formless space. And thus – on this much higher stage of goodness – we become free from all forms, liberated from all limits. We become purified of all limitation.

And this is why we call this stage “purgatory”, “liberation from material bondage”, “nirvana”, “becoming one with the impersonal state of God”, etc.

But alas, on this stage we still cannot be absolutely Blissful. Because, in the Limitless universe we still do not have the divine quality of Bliss.

So, we shall inevitably go on seeking the real Bliss. And in this seeking – by the Grace of God – we shall gradually accumulate enough goodness ( Bliss-ability) to acquire the quality of Bliss :  $\uparrow\text{good} = \uparrow\text{Bliss}$ .

And thus, in absolute Bliss, I shall become One with the Supremest Goodness - my real I (God).

And hence, I shall attain to the highest goodness possible in my life ; and to the highest goodness-stage possible in my death – the Bliss universe.

This is the stage we name “Paradise”, “Heaven”, “the Reward for the sinless”, “the real Kingdom of God”, etc.

And this is where, at last, the imaginary “bliss” of imaginary “I” really dies.

## REVIEW

After we knew what real Bliss is - the reason and mechanism of real I's Oneness - we learned, too, what imaginary "bliss" is – the unfailing powerful attachment to limited I's selfish delights.

This way we realized that between imaginary "bliss" and the real Bliss there is an enormous gap. So, in order to bridge that gap, now, we shall know the Path from imaginary to real Bliss. We shall know how imaginary "bliss" can evolve to real Bliss. Practically.

## NATURE OF PATH

As we well know, now, becoming One with God means to completely unify with Him in perfect Bliss-relations. We saw, too, that the best way to unify with an object is the loving devotion to this object. The scientific experiment with a test-animal, described in Part I, proves this beyond doubt. Therefore, it is the best way to unify with God, also.

And indeed, when we fall in love with an only Beloved, we start to think about Him only, to dream about Him only, to do all for Him only. We become so devoted to Him only, that we completely identify with Him only ; to the extent that we completely unify with Him only ; to the extent that we become one and only I with Him.

This is why such a love-devotion is the best way to complete unification with God. It is the surest way to Oneness. The Oneness in Bliss.

In fact, all that we do in this love-devotion is to give God all the Bliss we can. And more and more. Thus, our ability to give Bliss to God increases. And so, our Bliss-ability increases, too. And this increase in Bliss-ability, as we saw, gradually takes us further and further away from "bliss" and closer and closer to real Bliss, to God.

( ↑Bliss = ↓ "bliss" ) Until we become One with God – in absolute Bliss.

Therefore, the most pragmatic nature of our Path from "bliss" to Bliss is the complete LOVE-DEVOTION to God. The Path to Oneness in Bliss.

But how could we practically realize it ?

## STRUCTURE OF PATH

We know that our Bliss-ability has, roughly, two components :

1. The ability to GIVE Bliss to God
2. The ability to RECEIVE Bliss from God.

Therefore, for the practical increase of our Bliss-ability ( our Bliss-Oneness with God) we shall have to increase simultaneously both of its component-abilities.

So, let us first see how to increase our ability to give Bliss to God.

We already know how : We increase our ability to give God Bliss by exercising our complete devotion to God.

And indeed, in a persistent exercising we gradually learn to devote all our acts, thoughts and existence to God only and completely. And thus, we gradually surmount our limited ideas to devote all our acts, thoughts and existence to our limited "I" only and

completely. We surmount our imprisonment into the limited “I” and “bliss”. This way, we liberate our desire to give God Bliss. ( So that we could receive more and more of His Bliss.) And we increase our Bliss-ability.

On the other hand, this devotion could be realized only through Goodness. Because, as we saw, only acts and thoughts of Goodness can increase our Bliss-ability.

( ↑good = ↑Bliss = ↑devotion )

So, such a Devotion will be the first structural element of our Path.

Let us see now how to increase our second structural ability – the ability to receive Bliss from God.

We already know how : By opening our limited “I”, our limited mind to real Bliss ; by pulling down all our walls of “bliss” ; by giving up all our self-protective resistance to Bliss ; by letting in our only real nature – Bliss.

As we well know, we usually do this opening to God by praying. By prayer we just cast off the walls between me and Me. By prayer we ask God to open us to His (My) absolute Bliss ; to enter us with His Bliss ; to make us able to receive more and more of His Bliss. And this way we increase our ability to receive Bliss. ( Moreover, the more Bliss we receive, the more we desire to pray and devote.)

So, such a Prayer becomes the second structural element of our Path.

And thus, these two elements – Devotion and Prayer – become all that Path is, all that Path needs to practically increase our Bliss-ability. And so, make us One with God - Bliss

“Well,” we shall ask in doubt again, “but isn’t all we said until now too complex? And this complexity just hampers our concentration on the Path. Therefore, what we need to effectively focus and evolve toward God is something very simple and pure, yet very powerful – a simple Path of simple Prayer and Devotion. So, what would they be ?”

## THE PRAYER

The simplest prayer to God, obviously, is the word “God” itself. And so, the simplest praying to God is just the uttering of His name. For instance : “God! God! God! God! God! God!...”

Why is this so?

God is all that is. Therefore, with the simple prayer “God!” we ask from God all that He is. And so, we open to it. For example :

1. With the name of God we ask God to open us to what He is – absolute Bliss.
2. And so, we open up the evolution of our Bliss-abilities.
3. Thus, we start our Path to the Blissful Oneness with God.
4. And because it could be realized through complete Love-Devotion only, we ask for this, too – to completely devote to God in Love ...

And still we could give more and more meanings to the simple word “God” and ask with them more and more – limitlessly. For, God is the limitless Source of “all that is”.

But clearly, these askings could not be answered if we say the name of God once or twice. The name has to be repeated for a long long time in order to gradually open us to God and His Bliss. This way, our ability to receive Bliss, our Bliss-ability will gradually

increase; surmounting step by step our limits ; making us limitlessly Bliss-able.

And this is how such a simple prayer could be very effective.

Of course, every believer will repeat the name of God used in his or her own religion. Each believer chooses his or her own name of God. Because, every name of God would lead us into the Blissful Oneness with God. If we are sincere and persistent in our determination to pray to God.

And obviously, to the prayer “God!” we shall add any other prayer we need, anytime. Because, God awaits all our prayers all the time. Anxious to open to the mutual Blissful communion with us, to become One Blissful I with us. This is why, the sincerity and passion of any Prayer could open any door between me and Me (God).

( We could even sing to God all the love-songs that we know. And they would be as effective a Prayer, opening our emotions and soul to His Love-Passion for us. There are no limits to our Prayer-creativity.)

Moreover, the persistent Prayer itself becomes an act of Devotion to God.

## DEVOTION

Through Devotion we give Bliss to God, we said.

And we know that all we are programmed for is to make God Blissful.

Therefore, every our act and thought is programmed to make God Blissful, to give God Bliss, to devote us to God. Every our act can give Bliss to God, no matter what this act is. Whatever we do in our everyday life it could give God Bliss. Each our action could be a giving of Bliss and Devotion to God – working, talking, thinking, dreaming, playing, eating, making love, etc.

Hence, we do not have to stop or change these our natural acts in order to devote to God. We just have to go on doing the same simple things of life. In the name of God. And this, simply, will be a constant giving of Bliss to God.

Furthermore, we do not even have to stop doing all these things for our own I, as we are so used to. No change in this either. All we do we do it for our own I only. And this way it will stay forever. But this time we shall have to do it for our REAL I. All we always do we shall have to do for our real I only. All we always do we shall have to devote to our real I only. A real “all-out” devotion to God.

And, practically, we can do this just by constantly reminding ourselves that : “This my act, now, is all for God!” And sincerely offer it to Him

Furthermore, we saw, only acts and thoughts of Goodness can effectively evolve us to real Bliss. Only acts and thoughts that help all other people evolve toward real Bliss and God. (  $\uparrow$ good =  $\uparrow$ Bliss =  $\downarrow$ limitation =  $\uparrow$ devotion )

Therefore, only through such Devotion, our ability to give Bliss to God, our Bliss-ability could gradually increase and increase ; surmounting step by step all our selfish limits ; making us limitlessly Bliss-able.

And this is how simple, yet quite successive Devotion could be.

And that simple Devotion and the simple Prayer will thus materialize our Path. In a quite easy, yet a quite effective way.



But! This could be realized only if we truly know the real God. And not some fabricated image of Him. Praying and devoting to a fake leads us back to “bliss”.

This is why we had that thorough God Knowledge up to now. Only our true God Consciousness could make this method effective.

And only this way, our genetically-programmed mechanism to realize Path works.

## PHYSIOLOGY OF PATH

In our everyday life, no matter if we pray or devote, each of these acts activates a specific center of our brain. And because the meaning of these acts is to give and receive Bliss only, the brain center which they will mostly stimulate will be the bliss-center (pleasure-center).

When the bliss-center is activated it starts to produce specific bio-peptides – endorphin, enkephalin, etc – which inhibit the activity of other brain-centers.

So, if we start to persistently repeat the Prayer and Devotion stimuli, the bliss-center neurons start to gradually hypertrophy. And the brain-centers they inhibit, step by step, begin to relatively atrophy.

This is how, the mighty “self-preservation” center of our brain is slowly silenced down. And so, the jamming ego-noises of limited “I” diminish.

Thus, our mind becomes liberated to perceive more and more of the real Bliss. To experience more of the real Bliss. Until we eventually attain to the greatest Bliss experience – the Blissful Oneness with God.

This is the state we name “theosis”, “samadhi” in Sanskrit, “spiritual ecstasy”, etc.

In terms of physiology, at this moment, the production of endorphin, enkephalin, etc, has reached its peak. And as a result, synchronous brain waves are registered on EEG. Which is the manifestation of the perfect synchronization of all our brain activity, of all our consciousness, of the whole our I. We have become one and only real I – Bliss.

Of course, we know now that this state of absolute Bliss is attainable to only after a long practicing and evolution ; after a long repetition of Prayer and Devotion stimuli.

But nevertheless, this state is surely realizable. Even within our physiological lifetime. It is just a matter of patience and persistence.

## THE WORD

Ch. 23, “ In the name of God the Merciful, the Compassionate!

The true believers are happy now, those who humble themselves in their prayers, who do not chatter uselessly, who are merciful in their acts.”

Ch. 87, “ He has obtained happiness, now, who is purified by his Devotion and who keeps in mind the name of God and Prays. Indeed, this is what is revealed in the ancient books, the books of Abraham and Moses.”

Ch. 92, “ Who gives his riches as alms and who never does good for a selfish profit, but does it for God only, he will be satisfied with his reward.”

The Koran

Before we start practicing the Prayer-and-Devotion Path ( PDP), we need to realize that we could wholly rely on God to help and lead us to the Blissful Oneness with Him. The I guides the I to become really I.

If we do not have this Trust in God we cannot truly Devote to Him. Nor we can open to Him through our Prayers. ( In fact, PDP is just a process of opening of our consciousness to God. Until we become One Consciousness – Bliss.)

So, how exactly do we practice ?

### 1. Concentration

As we said, we start practicing the Path by persistently repeating and repeating the simple Prayer “God!”. We pray whenever and wherever we can in our busy everyday life. Thus, creating our own order-of-the-day for our PDP practice.

This way, we activate and sustain neuron excitation in those structures of our brain that rule and regulate our concentration on PDP. Building thus up a persistent matrix of neuron activity, which we name “habit”.

### 2. Motivation

Next, while Praying, we start to fantasize about all the Bliss and Love-relations we desire to have with God. ( For examples see pages 15, 27, 41, etc.) Knowing they will be real one day.

This way, we activate and maintain the neuron excitation of our pleasure-center. And because the repetition of these Bliss-stimuli constantly creates a need for more repetition of these stimuli, in our pleasure-center a persistent matrix of neuron activity is gradually built up. Which we experience as Desire for God.

### 3. Devotion

This Desire stimulates our need to give God all the Bliss we can. In order to receive all God’s Bliss we can. And more and more. Limitlessly.

And we act accordingly. Gradually, more and more of our acts and thoughts we start to Devote to God only and completely. Constantly reminding ourselves that, “This my act, now, is all for You, my Love!” (Moreover, the proceeding repetition of the Prayer “God!”, also, becomes an act of Devotion to God.)

This way, the constant stimulation of our bliss-center have activated the production of such quantities of endorphin, enkephalin, etc, that they start to inhibit our “self-preservation” center, our ego-noises. Liberating so our perceptivity to God’s Love for us. And to God’s Loveliness. Which stimulate even more our Desire to exchange Bliss with God. Free from the chains of self and egoism.

Thus, in our brain is built up a persistent matrix of neuron activity, which we realize as a selfless Devotion to God. And a selfless Desire for God.

And this is where we become aware that we are, actually, in Love with God.

### 4. Love

Now, at last, we are truly conscious of God’s Love-Passion for us. Of God’s

Loving Care and Help in our evolution up the Path. Gradually, by more and more events of our everyday life God proves and provides His Love-Bliss for us. ( So, by the Prayer “God!” we ask now, “My Love, embrace me and take me into Your Presence. Forever.”)

Thus, in our brain is built up a persistent matrix of neuron sensitivity to God’s Love-Bliss. Which opens our consciousness to the receiving of the whole of God’s Bliss. And so, eventually, to the acquiring of God’s own quality of Bliss

This is how, guided by God, we attain to the highest possible result of Prayer-and-Devotion Path – we enter the Bliss universe where we meet our Beloved. Personally.

## REUNION

And we see that He is a Person with a “human” Form. And this Form is the embodiment of absolute Love-Bliss Itself. This is why God has the appearance of supreme beauty, charm, eternal freshness and youth, sweetness, tenderness... And through them He emanates His powerful radiance – the pure light of His absolutely Blissful Love for us.

And our Beloved not only radiates It, but He starts to really give this Love-Bliss to us. All of It. By all He does.

And He does so only to pleasure us. Completely. Only to Love us. Absolutely.

For example, God may start to pleasure us by changing His appearance, or behavior, or Form, etc. If we wish to see Him on a throne with a white beard and a crown of golden light, He instantly realizes our wish. Or if we wish to see Him amidst a magnificent garden, surrounded by myriads of angels, He immediately obeys our will. Or we may want to fly with Him over His endless Kingdom, across the whole Bliss universe, and to encounter all sorts of adventures and miracles. Or we may wish to just sit and talk to Him, or just hold His hand and look into His eyes. Whatever we wish He satisfies it perfectly.

( By the way, we refer to God as “He” only for the sake of convenience. But in fact, some of us would like to perceive God as She. And this is what God becomes outright. Thus, to a man, God is She – the most beautiful female form. And to a woman God is He – the most handsome male body, mind and individuality. )

And absorbed in this supreme Love-fun we realize that we long to satisfy all of God’s wishes, too. Just because we love Her. Just to completely pleasure Her.

And the moment we think about it we are able to do it. Because, here we have the same limitless abilities and the qualities that God Herself has. We are able to know what the innermost desire of God is at every single moment. And we satisfy it instantly.

For example, we may take the shape of a bird and sing to our Beloved a sweet song. Or we may take the form of a tree and offer God our fruits and blossoms. Or we may become a sea into which our Beloved will swim, taking Herself the form of a sea-creature. Or we may become a sky into which God will fly. Or we may take the shape of God Herself and start to create the whole Creation. And more and more and more...

The absolute culmination of these Love-relations, though, we would know through Book II.

# Book II

## GOD QUESTIONS

### THE SONG OF SONGS :

The Lover Soul, “Still a garden enclosed is my Spouse, a spring shut up, a fountain sealed.”

The Lover God, “But why should I be as one who veils Herself ? I am my beloved’s .”

### HESITATIONS

While reading the “ God consciousness” book, quite a lot of controversial questions rose in our mind. Actually blocking our motivation and evolution toward God.

So, to clear our Path now, with the next 8 articles we will answer the questions and problems most frequently met by the sincere seekers for God.

### RELATIVITY OF REALITY

#### I. OFI

Our Universe is an extremely complex composition of energies – gravitational, electro-magnetic, nuclear. We see them as existing in the form of waves and corpuscles. And although we regard them as operating on different levels of Reality, they are, fundamentally, one and the same thing – information. Gravity informs stars and planets how to be built up and behave. Electro-magnetism informs atoms, molecules, etc, how to be built up and behave. Both these forces, along with nuclear and quantum ones, weave an extremely subtle network of energy lines and configurations, named “fields”. Those fields interact, creating thus a One Whole Universal Energy Field. Which we could name “the One Field of Information”( OFI ), as good. ( Some call it “the Higgs Field”).

The OFI informs the Universe how to be built up and behave.

Through this supreme Information Matrix, everything in existence is informed how and when to be created, developed and destroyed. According to It, too, the whole our organism works, coordinates within and adapts without in a perfect synchrony.

But alas, our limited senses cannot perceive this.

### 1. Relativity

We all know that the abilities of our senses to perceive reality are extremely limited. Thus, to us, reality is quite restricted – just a tiny portion of true Reality. For example :

Our eyes can see light only within the limits from 400nm. to 700nm. wave length. Our ears can hear only a 16 to 20 000 Hz sound. But what about reality outside these limits? We are deaf and blind to it. And so, to us, it does not exist.

### 2. Illusion

And as a consequence, our limited senses and “common sense” compensate this blindness with a fundamental illusion – the absolute existence of space and time.

Our restricted perceptions and mind produce “space” and “time” in order to measure and adapt to a reality we do not realize. They are but the viewpoints of a narrow intelligence. This way divisions, distances, dates become absolute to us. And we believe that through these measures and referents, only, we could possibly exist.

### 3. Reality

In true Reality, though, space and time do not exist. Because, as we said, true Reality is a one Whole. Which has no divisions in and outside itself. To the Whole there are no in, out, up, down, here, there, now, then, beginning, end, etc. Hence, there are no limits within the Whole. And this means that, in true Reality, every object and process exists in every single point and moment of the Whole. ( Some call this “Quantum Mechanics”). Or in other words, no matter where and when we are, the Whole Existence is right here right now. Eternally. And this “all-is-here-and-now” mechanism is exactly how all is informed about all, and thus is synchronized in a perfect Whole.

And so, we could perceive whatever we like of it wherever and whenever we are?

How?

## II. Consciousness

Indeed, if all is here and now, then the whole OFI is here and now in my consciousness. The OFI IS my consciousness. Because there are no limits within the Whole. The whole possible information about everything, everywhere and always is my true consciousness. An Universal limitless consciousness.

Therefore, every single detail of the Whole is here and now – in our mind. And we could be practically conscious of it whenever we like.

Well, we shall disagree, but how could we realize this if our senses are so limited ?

In fact, we have a genetically programmed neurological mechanism to materialize this “all-perceptivity”, “all-consciousness”. And it develops like this :

### 1. Synchronization

As we know, the “vehicle” of our consciousness is the cortex ( the outmost layer) of the brain. It is a network of billions of nervous cells – neurons.

Most of the cortex is composed of pyramid-shaped neurons. Their tops pointing up and outside of the brain and their bases pointing inside towards the center of the brain spheroid.

Science proved that pyramidal structures pointing upward are receptive to the so called “cosmic vibrations” ( OFI’s subtle information lines and fields ). The pyramids’ own atoms and molecules amplify and coordinate them through resonance.

So, when ( by the PDP practice) the cortex pyramid-neurons are liberated from noise-attacks and become fully synchronized with each other, they turn into one organ : The whole cortex starts to work as a one receptor, one sensor – the sixth sense.

## 2. Awakening of Finer Senses

This is how, the cortex becomes sensitive to the finer stimuli, to the subtler “voices” of OFI. And it does so especially in the cortex zones of vision (occipital) , hearing (temporal), emotions ( frontal ). We start to see, hear and feel true Reality. And so, our capabilities of telepathy, clairvoyance, astral travel, etc, gradually wake up. Our genetically programmed ESP evolves and evolves.

And because, in true Reality, space and time do not exist, we slowly become able to experience every possible place, moment, process, phenomenon in the whole Universe. We can “travel” and be present at any far away planet, star, black hole, galaxy... within any atom, electron, quantum... at any moment of the past, present, future we desire to “visit”. We don’t need no space ships no time machines. Because we are the Whole Reality here and now. We are one with the whole Creation. One with God.

## 3. Oneness with God

And indeed, by this “all-is-here-and-now” mechanism is how we realize our Oneness with God, too. Because, by this mechanism is how God is eternally right here right now ; how He always knows every our act and thought ; how He is constantly involved with every single one of us ; how He leads us, gradually opening our consciousness ; and, finally, meets us. Personally. In His Blissful Kingdom of Heaven, which is here and now, too. Becoming One with us in perfect Love-Bliss.

So, obviously, our consciousness is the only genetically-programmed-by-God instrument, we have, to make us “all-perceptive” and thus make us One with All - God.

But how exactly does our consciousness work?

## NEEDLE’S EYE

### I. Neuron Lines.

In the cell wall of all neurons there are protein molecules which work as ion channels and ion pumps. Both these biomolecules compose a mechanism of ion transport through the cell wall, which changes wall’s electro-magnetic polarization and thus creates a one-way bioelectric current, named “nerve impulse”. These protein mechanisms form lines that go all along the length of the neuron. Thus, they “transport” the electric current to the end of the neuron, where they activate other biomolecules - the neuro-transmitters – which “plug in” into the next neuron and so activate its ion mechanisms, too. They, in turn, activate a new bioelectric current that goes on to the next neuron. And again. This is how electric information is transported through all neuron lines ( NLs ) in the whole brain. Creating so the functions of mind.

## II. Mind.

And indeed, the stimuli from in and outside us activate their respective NLs. They, in turn, build up a respective configuration in our brain's cortex. This electricly activated configuration, then, creates a respective 3-dimensional electro-magnetic field. Which we experience as "perception". Through it we perceive the environment, in and around us.

In a way, the NLs "weave" environment like the pixel system of a digital camera and display. Each NL draws a line in the whole picture of our sound-environment, sight-environment, smell-environment, taste-environment, touch-environment, temperature-environment, etc. And this is how reality, as we perceive it, is created.

Hence, what we see as reality is just the functioning of our brain. This "reality" is produced by our brain, it is not "observed" by it. And therefore – it is not the true Reality. This "reality" is just how our cortex works, sees, hears, touches, etc. What we name environment, what we see as the world around us are just the electro-magnetic fields of our brain - 3-dimensional, surround-sound systems, yes, but still just the operations of our cortex. They exist in our mind only, through our brain only. And according to them only we act back on true environment, on real Reality.

Moreover, because the abilities of our senses to perceive true Reality are extremely limited, our mind becomes entangled in an extremely restricted "reality", too. And this is how, in fact, our consciousness becomes our cage.

And indeed, our door out of it stays as wide as a needle's eye.

But in the same time, we saw that in this our consciousness-coffin "resurrection" and "ascension" are genetically programmed, as well. The opening of our mind to true Reality and God.

So, we are free to choose.

## BIOCHEMISTRY OF SATAN

" Then Satan took him into the holy city and set him on the Top of the temple."

Matthew, 4:5

### I. Brain Chains

As we said, neurons interact through specific bio-molecules named "neuro-transmitters" (NT). A neuron produces NT to :

1. Bio-electricly activate or inhibit the next neuron in the chain
2. Activate or inhibit the metabolism of next neuron and thus to hypertrophy or atrophy it.

According to the NT they produce and respond to, neurons are, basicly, 3 types :

1. "Agitating" ( A ) – mostly noradrenalin, adrenaline, dopamine NT.
2. Relaying ( R ) - producing mostly acetylcholine NT.
3. Modulating ( M ) - producing mostly endorphin, enkephalin, serotonin, GABA.

Some stimuli from in and outside us activate A-neurons. A activate R. R activate M. M modulate A by different levels of inhibition. Thus, indirectly, M modulate R, too.

This "A-R-M" triangular cycle symbolizes the overall structure and functioning of our brain. It's A, R and M neuron-systems are interconnected (mostly by R-neurons ) in

an extremely complex network and operate synchronously. So they rule the whole our organism and life.

But alas, if we do not know how to use them, these systems could turn to awful chains.

## II. Demon's Disease

“He was asked, ‘What is your name?’ And he said, ‘Legion,’ because many demons have entered him.”  
Luke 8:30

As we know, in order to survive, our genetic program hypertrophies only those neuron structures in our brain, which rule and regulate our self-preservation instinct and functions ( named “ego” ).

The most powerful of those functions are aggression and fear. They could be attained to and maintained only through the massive production of neuro-transmitters and endocrine hormones as noradrenalin, adrenaline, dopamine, cortisol, thyroxin, glucagon, etc. Thus, in our “A-R-M” triangle, the A-neurons are mostly stimulated to hypertrophy. In order to best protect our self. And this is how, the “adrenaline” system of our brain starts to dominate the whole of our mind and organism. And the more “adrenalines” it produces the more of them it needs. We become powerfully obsessed “adrenaline” addicts. Ego-addicts.

So, our mentality and behavior change accordingly. The more “adrenaline” the more aggression and fear. The more violence, anger, hatred, envy, evil, we produce ...

And this is how, people start to name us “demons” or “tortured by demons”. The flood of “fight or flight” hormones and NT had distorted and deviated our consciousness. And the whole our perception of reality changes.

## III. “Faith”

“Those who desire sexual power have to worship Indra. For a happy life they have to worship Durgadevi. For money – Vasu. For destroying the enemies – the demons...”

Srimad Bhagavatam, song 2, ch. 3

The “adrenaline” domination of our brain had become so mighty now, that it hyper-activates even the cortex centers of vision, hearing, emotions. And thus we come to “see, hear, feel” our hatreds and fears. We even start to “embody” them in icons, idols, gods, devils ... Then, in order to survive under their “terrible power”, our ego-mind begins to worship them. Next, it organizes them in systems and hierarchies – named “religions”. And soon religious “leaders” come, too – masters, martyrs, messiahs. And we start to passionately devote to all that, naming it “Faith”.

And the “God” we have devised out of it becomes our Super EGO. The idol of our supreme selfishness.

## IV. Satan

And we pray to Him :

“Please, set a wicked man over my enemy. And let my enemy's prayer become sin. Let his days become few. Let another take his office. Let his children become fatherless.



And let them become vagabonds and beg. Let there be none to have mercy on him and his children.”  
Psalm 109

And we keep on asking, “Why is God so cruel ? Why is there so much pain in the world ? Why always the vicious are the victors? Where is Justice!! ...”

Alas, our ego-commanded consciousness prevents us from seeing the answer into the almighty, hyper-adrenaline , hyper-active, hyper-trophied neuron ego-structures of brain. We are blind to the state we are in. Never daring to admit we are our own cage, slavery, torment. Blaming it on others around, and hence, fighting, crushing, killing, destroying them as our oppressors, torturers, demons ...

And this is the EGO rage, obsession and ignorance we name “Satan”. The supreme personification of our egoism.

And then Satan tells us there is no way out.

## V. Suffering

“ And God said to Satan, ‘ Seduce into vanity all people you can. And attack them from all sides, infecting their fortunes and their generations. And possess them by promises.”

Koran, ch. 17

And because the ego-systems in the brains of everyone around us are as hypertrophied, the fighting, crushing and destruction turns against us, too. And our life becomes hell. And our after-life, also. And our next physiological life. And again ...

But it is exactly this unceasing suffering which gradually creates in us the need to activate another part of our A-R-M triangle - the M-neurons.

So, this we do by starting to exercise the PDP practice. ( In fact, we transform each our suffering into a devotion to God. “This my pain, now, is all for You, my Love!”) Thus, with patience and persistence we activate our M-neurons. And the M start to gradually inhibit the A hyper-activity. This way, step by step, M-neurons hypertrophy. A-neurons relatively atrophy. And the quite sophisticated M-system comes to dominate all our brain and behavior. The mounting production of M-neurons’ NT slowly silences down the roar of our wraths and fears. And the demons and devils of Ego diminish.

And the ego-fabricated gods and idols disappear, too. Because, by silencing the ego-noises, the modulating NT have opened our mind to true Reality. To God.

An opening made possible only through the genetically-programmed (in each of us) instruments of demonic evil and suffering. The instruments of God.

And God uses them quite pragmatically :

## GOD RIDDLES

### I. Lord’s “Low”

God is all that is. Everything is His creation. Each and every thing is His manifestation, incarnation, His face, His personification.

Therefore, every creature is His personification, His Me, too. And so is each demon, each evil, each satan. Each vicious man killing, for instance, an innocent child, each

serial killer torturing his victim before sweet murder, Jack the Ripper is a personification of God, the Me of God. Even the “lowest” vulture and cannibal is the true I of God.

A blood-freezing riddle, or just the perfect Order of God’s Existence ?

## II. Lord’s “Lies”

Further on, if we think even deeper, we find out yet another paradox of God :

All religions define this world as the world of illusion. And this world is created by God. Hence, all the illusion, deception, falseness of it is created by God, too.

Including the most fundamental illusion of all : That our physiological “I” is our only real I. God even created a powerful configuration in our brain ( named “I-center” ) to regenerate and sustain this fake forever.

Well, but in the same time, God gave us the knowledge that God is our only real I. And only if we break free from fake “I” we could become One with our true I – God. We could become our real I.

And all this puzzle, actually, means that : Every time we think and act as a physiological “I” we separate from our real I – God. Every time we think or say “me” we go away from our true Me.

Therefore, a concept like “ I have to save my soul” , “ I am devoted to God” , “ I’m praying for the Love of God” , actually divides and cuts me off from God. And all my hard efforts to become One with God end up like a fakeful waste. In vain.

A cruel riddle again, or just the perfect Logic of God’s Creation ?

## III. Lord’s Love

Let us contemplate God’s simple reasons for this paradoxical programming :

### 1. De-limitation

All religions agree that God gives us demons to make us suffer, feel pain and loss. Because only suffering could force us out of the “me”-prison and take us into the true-Me freedom.

But if we go deeper, we realize, too, that staying associated only with the good-guys locks us still into another prison – the “good-guys-only” club. And this tears us off from the “bad-guys” part of God. Thus, we could NEVER be One with God. Forever we stay engaged in “good me”.

This is why God advises us through the Bible : “Love your neighbor, but love your enemy, too.”

So, absorbing the bad-guys into my Me-concept is a crucial step toward my Oneness with Me – God.

And a decisive test, God’s fine sieve for TRUE devotees.

### 2. Devotion

The second crucial step of this paradox-test, then, is to really break free from the fake “me”. And again the passage through God’s riddle is simple enough :

Only if I am completely in Love with a One and Only Beloved I could thoroughly engage my thoughts and acts into my Beloved. I could even devote so deeply to my

Beloved that I could abandon my “me” for His Me. Wholly becoming this Me. And eventually losing the “me”.

Thus, I’ll keep on being an individual, giving Love-Bliss to and receiving Love-Bliss from God. But in the same time, in my consciousness, I’ll cease being a false “I”. And so, my “me” will cut me off from Me no more.

Moreover, I will stop rejecting the “evil”, “demonic”, “dangerous” side of my Beloved. I will love that side, too, and end fearing it. End fearing Me.

## THROUGH THE LOOKING-GLASS

### I. Alice in Wander

Lewis Carroll, the great author, took his Alice through a labyrinth of ordeals. She became big, she became small. She became a pawn, she became a queen. She ran wildly to stay put. She did her best to enter the beautiful garden. To only find that the white roses there must be painted red...

As odd as our own lives, right ?

We all wander around dreaming about the garden of Bliss. But no wonder, we never find it. We just find a Humpty Dumpty. And by the end of our lives, we realize we were only swimming in the pond of our own tears.

Then, we are told a God is our only Salvation. And we run twice as wildly that way... To only find empty images and illusions, again.

### II. Idols and Icons

Because you do not see God, says religion, you have to worship His symbols. And so, the priests start to sell us sacred souvenirs, painted saints, pictured gurus. The fabricated faces of a fantasized God ? Dead dolls of wood, stone, bones ? And even the purest ideas about God turn out to be but manipulations of the millions of naïve ?

For instance, what if Jesus was just a picturesque prophet, used by intelligent Jews to sophisticatedly spread economic interests all over the world ? What if Arabs used Mohammed the same way ? Germans used Martin Luther ?... And the money veiled the Message ?

Well, finally, all that was left of the Cheshire Cat was its grin, floating in the air above. And the grin said to Alice, “ You’ll surely get somewhere, if you walk long enough.”

And the idols and icons become walls, not doors between us and the true God. But could all this go the other way round ?

### III. EEG

The body and brain are, in fact, electro-magnetic fields. This is why they could be measured by specific instruments and methods. The method that measures the electric activity of brain’s cortex is named electro-encephalo-graphy (EEG) . EEG registers, roughly, four kinds of cortex electric waves :

1. Beta - wave frequency higher than 13 per second. Depicts the processes of thinking, emotions and the active-dreaming phase of our sleep.
2. Alpha - frequency 8-13 per second. Pictures the state of calmness and relaxation in our brain.
3. Theta - 4-8 per second. When we enter sleep and go deeper into relaxation.
4. Delta - lower than 4 per second. Deep sleep and relaxation. Depicts the state of complete isolation of brain's cortex from all outside stimuli and noises.

In this "delta" state, as we know ( See page 30, top.) the PDP-trained cortex becomes a one whole sensor ( the "sixth sense") and opens to the subtler stimuli and information of Reality. An opening to the dimensions beyond, to the whole Creation, to God.

Therefore, the "delta" state of our cortex could be named, too, the "door" to the beyond. The Gate to God.

Liberated from the noises of the body, of the environment and of its own thoughts and excitements, the cortex becomes able to perceive even the finest information of the Whole. Thus, through the "delta-door" our consciousness comes out of its brain-prison and could eventually enter even the Blissful Kingdom of God. Where we meet God. Personally. And personally exchange Love-Bliss with Him.

And all these marvelous experiences create again the standard electric waves (alpha, beta, etc.) in our cortex. But this time, they are caused by the limitless information of the beyond, by our pleasurable communion with God.

And so, this physiological mechanism could really lead us the other way.

#### IV. Trough the Looking-Glass

Indeed, when we worship or pray to an icon the same EEG-waves are generated in our brain-cortex. And according to the state of cortex, our viewpoint on the icon changes. So, the icon "reflects" back on us respectively. A mirror to our mind.

For instance : To an icon of God we start to pray, but the noises of our mind keep on producing the beta-waves of anxiety. Instinctively, we close our eyes and the brain instantly switches to alpha-waves. And calmed down we go deeper into prayer. And thus, into lower EEG frequency – theta. We go deeper still. And if we are DEVOTED enough, sooner or later, we arrive at the delta state. There, the noises disappear and our consciousness opens to the beyond, to God.

This way, the mirror-icon transforms to us, too. From a lifeless material ( the viewpoint of our beta-state ) it "evolves" into a Gate to God ( according to our delta-state ).

Moreover, with the opening of the "delta-door" the icon "becomes alive" to us. And we realize this is the True God that stands before us, inviting us into His Blissful Kingdom. ( Now we are able to perceive Him. )

And we realize, too, that the dead idol has vanished.

And there, we get the answers to other fundamental questions, as good : Was Christ a simple human or the Real God ? Was Mohammed just a mad poet or the true messenger of God ? What is the use of following the rules and rituals of religion ? How the dogma of a spiritual Path could take me to God ?

Gates to God, all of them. And Gates to us to God.

And at the end of her adventures Alice asked herself, “Who was dreaming this dream? Was I dreaming the King or the King was dreaming of me?”

Well, is there a difference, a distance between I and I within the Oneness of I ?

## GATES OF ORGASM

### Level A : Physical Orgasm.

#### I. Sex

Medicine defines sex as : A genetically programmed matrix in us, triggered by definite events in our environment. When activated, this matrix could culminate into Orgasm : An “explosion” of excitement hormones – adrenalin, acetylcholine , cortisone, oxytocin, etc. Which cause rhythmic contractions in genital and skeletal muscles and a hyper-excitation of the pleasure center in our brain. This nervous center, in its turn, produces another explosion – of bliss-hormones – endorphin, enkephalin, serotonin, etc. Which cause, in our brain and body, a general (muscular and nervous ) relaxation, calmness, satisfaction, wholeness, limitlessness. A complex experience we name “bliss”.

Alas, quite often, this sophisticated system could go wrong. And the process of seeking bliss turns into a cycle of sorrow.

#### II. Sex Problems

1. Inhibited excitement or orgasm : Absent or inadequate bliss in all phases of sex. Due to psychological problems mostly. For example : boredom ; fear of abandoning oneself, of losing control, of dependency ; dogma prejudices ; stress, etc.

2. Insufficient satisfaction : On the other hand, even if we have regular orgasms, our bliss within them remains too fragmented, too limited, too short. But the human mind is wildly hungry for bliss. Constantly. Pleasure is the supreme goal of our life. So, what could we do to achieve the perfect permanent satisfaction of bliss ?

### Level B : Spiritual Ecstasy

#### I. Viewpoints

When reading “Kama Sutra” ( Hinduism ) some of us see it just as a system of liberating our sexual creativity. But others believe it to be one of the paths of Yoga – acquiring Oneness with God.

When studying “Tantra” ( Buddhism ) some of us see it just as a system for improving our orgasmic skills by activating a Kundalini energy and chakra centers. But others believe this to be the awakening of our subtle senses to the Absolute Bliss of the Supreme.

When looking at the Vatican sculpture “ The Ecstasy of St. Theresa” (Christianity) some of us see a perfect sexual orgasm achieved in masturbation. But others believe it is the true meeting of God’s Love, achieved in meditation.

Why is this difference ?

## II. Levels of Consciousness

In fact, it is again the concept of my I that determines the limits of my orgasm ( bliss).

And indeed, if I believe my I is my body only, I'll be limited to only bodily pleasures , limited to the restricted capacity of our anatomy and physiology to experience orgasm.

But if I conceive God and all His Creation as being my real I , my experience of Blissful Orgasm will be limitless, as is the whole Creation of God, as is God. An Orgasm limitless in time, variety, intensity and creativity.

The glimpses of this eternal Blissfulness in our limited physiological life we name ecstasy. At these rare moments we experience a complete Oneness with God - in perfect Bliss.

Therefore, it is the level of our intelligence that determines how we will use orgasm. And how much bliss we will receive from it. The orgasm (bliss) matrix is genetically programmed in each and all of us. And we are free to choose how to experience and evolve it.

Through KNOWLEDGE, for example. Knowledge about the One and Only Real Source of Bliss – God. Knowledge about the essence of Real Bliss. Knowledge about the true Path to Bliss. ( See the “God Consciousness” book.)

And knowledge by examining, experimenting and experiencing the Love-fun with our Supreme Beloved – God ?

How ?

## LOVE RELATIONS

### I. The Limbic System

Right in the center of the brain spheroid, there is a complex neuron network named – the Limbic System (LS). In the heart of it is situated our pleasure center.

The central position of LS determines its central functions. LS collects, connects and coordinates information from and to the whole body, brain and environment.

These processes of coordination ( of bio-electric currents ) in our LS we experience as emotions and motivations. One of which, of course, is love.

For instance : Through our senses we perceive a person. This senses' electric-information activates our LS and its pleasure center. They start producing pleasure “hormones” - endorphin, enkephalin, serotonin, etc. And we experience pleasure and bliss. And this, in turn, motivates us to go on perceiving that same person – the activator of our bliss. Again and again. Moreover, because LS is a circular structure, it keeps on being excited and producing pleasure even after the pleasure-person is gone. So, the bliss-current could run in these circles for days, months... Until it starts to dominate the whole our behavior and consciousness.

This specific dominating circular electric-current in our LS we experience as love. Its activating stimulus we name “beloved”.

And it is always the same physiological mechanism. No difference if our beloved is a human or a God person.

Well, but how could God activate us as a Beloved if we cannot perceive Him?

When we are in true love, we are quite happy to do everything for the activator of our pleasure-center. And if this beloved activator is God, the mechanism of our love-motivation and behavior is all the same.

But because we cannot perceive the Personality of God, for now, we could be only motivated by our knowledge that God is always right here right now.

And we act accordingly. As we said, by the PDP (see page 26) we, first, start to motivate ourselves by fantasizing about all the Bliss and Love-relations we desire to have with God. Next, we begin to devote, not only each fantasy, but each our thought and act (whatever it is) to our Beloved only and completely. An “all-out” devotion to God.

In terms of physiology, this Devotion starts to gradually dominate the whole functioning of LS. Creating thus a dominating electric circuit, which consumes all the incoming bio-electric currents, activated by stimuli in and outside us (whatever they are). And so, involves them all into the production of pleasure “hormones”. Which (whatever we do) could activate the mighty circuit of God’s Love-Bliss in our LS. ( See page 24.)

Moreover, this same consumption of currents acts as a filter to our brain’s cortex, as well. Protecting it from noises and so opening it to the better and better perception of God here and now. (Thus LS activates the “delta-door” to our cortex. See page 36.)

And because God’s innermost nature is Bliss and Love, God will do the same – become more and more open to His beloved - me. Taking down, one by one, all my walls, all my noises of selfishness. Helping me, with all He does, to come out of my ego-prison. Until, one day, by His Grace, by His Bliss, by His Love I meet Him in person. Right here right now. Now I am able to wholly perceive Him.

And my LS, pleasure center and consciousness synchronize completely with His Bliss and Consciousness. In perfect eternal Love-relations.

And now, at last, I am able to realize, not only that my supreme relations with God are Love, but that my supreme Love-relation is the Sex with God. And my supreme Sex-relation is the simultaneous mutual Orgasm with God. The ultimate Oneness in Bliss.

Why ?

## SEX WITH GOD

### I. The Carbon Code

Like all atoms, the Carbon atom, too, is just an energy configuration. Which makes it an information configuration. Which makes it an information program.

How ?

The properties of an atom depend on the number of protons in its nucleus, related to the number of electrons in its outmost electron “layer” – named “valency”.

The Carbon atom ( C ) has 4 valency electrons. They are arranged in a tetrahedron ( an equilateral triangular pyramid ) within angles to the nucleus of 109 degrees.

This specific energy configuration of C determines its specific properties : C has the ability to combine with other C atoms, thus, forming Carbon lines ( chains ) and Carbon rings ( cycles ). These chains and cycles build the basic bio-molecules that construct each our bio-cell - carbohydrates, lipids, proteins, DNA (along with N atoms ). Through the bio-cells, then, C builds up our organism. Which, in turn , produces our consciousness ...

Well, but if God is the Programmer of all these C-structures and processes, this means that they are but His manifestations. And thus, they could tell us what REALLY God's constitution, consciousness and conduct are. They tell us that our human body and behavior are just the Carbon display of God's ACTUAL Body and Behavior. And so are our human relations.

Including the most desired ones – sex, love, bliss, orgasm. They are just the manifestations of God's Sex, Love, Bliss, Orgasm. Projections of God's innermost nature. Conveyed to us through the C-alphabet of God.

#### The Song of songs :

The Lover God , “ This structure of yours is like a palm tree and your breasts like its clusters. I will go up the palm tree, I will take hold of its clusters...”

The Lover Soul, “ And I will cause you to drink of the juice of my pomegranate...”

## II. God Orgasm

To secure and sustain survival, our brain is equipped with a complex neuron center that produces survival reactions – anger, aggression, fear, flight, etc. In counterbalance to our pleasure center we will name it “the displeasure center”. ( Although, it is usually called “self-preservation center”.) It provides for the protection of the pleasure center.

On the other hand, pleasure ( bliss) is, not only the dominating motivation of our being, but, virtually, the essence of our self. The innermost nature of our I.

So, in terms of physiology, the coordinated activity of all our brain, focused on the interactions between the pleasure and the displeasure centers, we experience as “I”, me, individuality, personality, privacy, etc. We name these interactions “I-center”.

Furthermore, as we know, orgasm is our ultimate pleasure. In it, our pleasure center is at the top of its electric activity, at the peak of its endorphin production. Therefore, our “I-center”, too, is supremely active. Or in other words, at this moment we are I at the most. This is our supreme, our most complete state of I-ness.

And it is all the same with our orgasm-partner. At this moment he /she is I to the most.

In the same time, the simultaneous mutual orgasm is the supreme state of oneness between two humans. Hence, it is the state of the most complete union of both I. In their consciousness, they become one I. ( Although, keeping their specific personal forms.)

So, when all this union is realized with the supremest “human” form of all – God – our states of I-ness as well as Oneness become the supremest possible, too :

1. Through the mutual Orgasm with God I am I to the utmost. And so is God. The absolute culmination of I-ness.
2. Within this Orgasm our Oneness with God is Oneness to the utmost. The absolute culmination of Oneness.
3. Thus, within this Orgasm the I-ness of I and the Oneness of I attain to the final fulfillment of God's Commandment : “Be I!”. To the complete realization of God's I. The My I.
4. And so, within this Orgasm I attain to the absolute culmination of my Love-relations with I ( God) – the supreme I-Bliss.

And this is what the Carbon-message of God is helping us to realize :

The Fundamental of I ( God) - I-Orgasm.



### III. The Love Path

And only now we could comprehend this absolute Love-Bliss of God. A Love so mighty that It bears the whole Creation. But a Love so selfless, that It Devotes God to each single creature. To the extent that He completely gives away His Me to the me of every single one of us. Becoming this me. ( But, without losing His Personal Form.)

Indeed, becoming One in I is not just our dream, but the innermost Drive and Desire of our Devoted Beloved – God. The I yearns to be I. ( And the perfect way is to give away its I to I. So that each I would yearn to be I. By giving away its I to I ... )

And all this, actually, means that our Path to God is His Path to us. And it is already started.

## A VEDIC TALE

One day, filled with Passion, God adorned Himself with garlands of colorful flowers and went into the woods. And He played His flute, calling His beloveds.

The beloveds heard the call of Love, their hearts overflowed with joy. Hurriedly, they ran out to their Lover.

Soon all of them went to God, deep away into the woods, and stood there gazing upon His loveliness. The sweet odour of flowers was filling up the air around. And breathing it in, the beloveds felt their anxiety to slowly calm down ; felt their worries to fade away ; felt their hearts purified.

All that was left now was their Love. And their only Beloved.

Seeing this, God smiled and called them near and told them, “O, you are so beautiful, your eyes are so bright, your faces – so kind! ... Please, let me dance with you!”

The beloveds sighed deeply, tears filled their eyes, song of happiness filled their hearts. And the song came out of them, and music was all around.

Now God came forth and danced to this music. He made His appearance manifold. And each of His appearances danced with a beloved. So each beloved put her arms around His shoulders, looked into His charming eyes and was engulfed into their Passion. The Passion entered her, exploded in her. And at the peak of ecstasy each felt she was One with her Beloved now. And so did God.

## AFTERWORD : DOOM DAY

Another purpose of this Word is to prepare you for your death.

Because, death is absolutely inevitable. And it comes so sudden and soon that we are caught in a complete helplessness. We lose all – gains and glory, dreams and darlings. All safe “I” is vanished. And a terrible fear possesses us.

This is why we enter the fear-realms of the beyond. Where those who feed on fear grab us – the demons. And what happens next is far more awful than our worst nightmares. For, all our own evil is unleashed.

Fear and evil, though, are but products of the limited mind. The blind mind.

On the other hand, death could be a door to God. To show us into His presence right here right now. Taking us straight into the eternal Blissful Oneness with Him. Death could even become the sublime Orgasm with God.

This, though, could be attained to, only after our life-long GOODNESS, DEVOTION and PRAYING to God culminate into our passionate Prayer to God at the moment of our death.

A passionate Prayer to my Beloved to embrace me and take me into His Love-presence. Forever.

But a Prayer to the Beloved Who I TRULY thoroughly know. Know to Love.